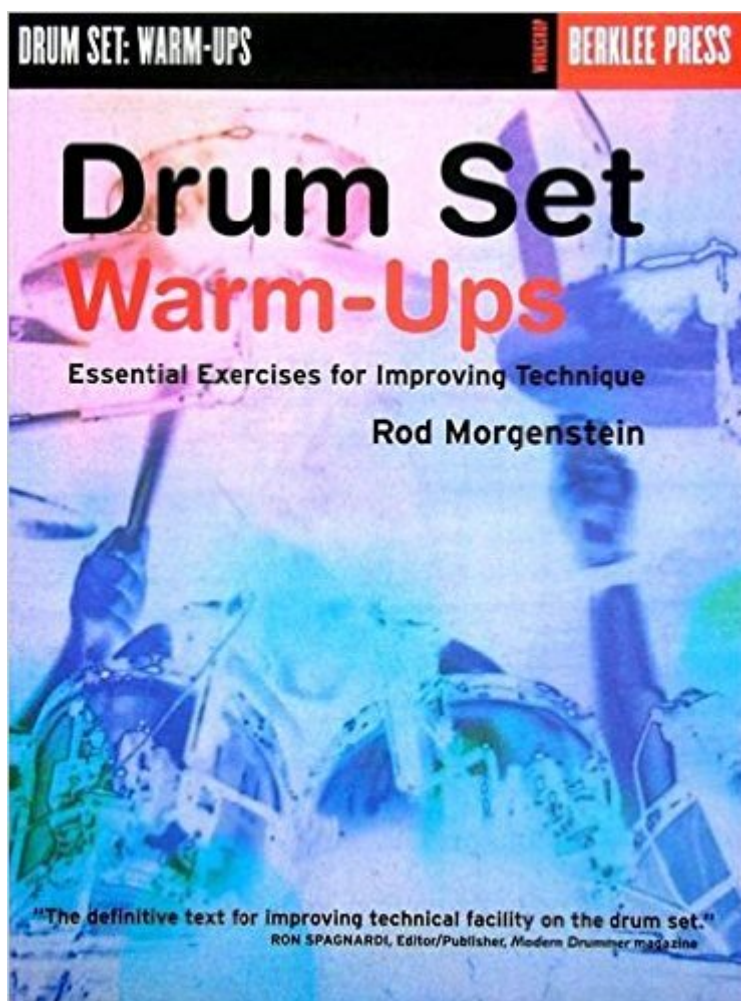


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# Drum Set Warm-Ups: Essential Exercises For Improving Technique (Workshop Berklee Press)



## Synopsis

(Berklee Guide). Step away from the practice pad! Legendary drummer Rod Morgenstein reveals his innovative warm-up method designed to limber up your entire body. Features exercises to develop and improve your speed, power, control, coordination, independence, accuracy, endurance and agility. With this book, you'll gain a greater facility and command of the drum set, along with an increased feeling of confidence. "The definitive text for improving technical facility on the drum set."

Ron Spagnardi Editor/Publisher, Modern Drummer

## Book Information

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (46 customer reviews)

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## Customer Reviews

If you're serious about playing the drum set well, then you NEED this book. It does for the set-playing drummer what George Lawrence Stone's "Stick Control" does for the snare drummer. You probably won't play these exercises during a song, but you'll play a lot better, and fast. I use a couple of these to warm up, and you can feel the effects in your hands (and feet). Plus, some of these exercises are downright brain-expanding. There is so much in this book you'll find fresh stuff to practice for the next ten years. This is for intermediate drummers at least, and is not a drum method. If you already know how to play drum set, and want to play better, BUY THIS BOOK!

I agree with the reviewer who compared this to the Stone book. It is full of useful exercises to improve both independence and speed. As a drummer, I knew quite a few of my weaknesses, but

have never been creative (or smart) enough to develop exercises for myself. This book has helped me with my weaknesses and shown me other areas where I need work. But it's not discouraging...it's FUN!

This book is absolutely the best book on the market for developing drumset technique. It is so much fun to work through the exercises. It takes practice for these exercises to be put to their full potential but you will see results fast. I noticed a big improvement in my playing, especially my drum fills and my speed and accuracy. I have been playing drums for over 6 years and I have used many drum books in the past, but none compare to this. I recommend this book to anyone.

Every drummer should have this book in their library. Rod Morgenstein is an incredible drummer, instructor (and human being). This book is the real deal. I feel this book is for intermediate players and not beginners. Beginners are better off learning new beats and feeling encouraged by being able to keep steady time and grooving to songs. This book isn't about that. This book dissects the drumset and gives you tons of mechanical exercises on how to move around the set with control, dexterity and endurance. It's much more than just licks for warming up actually... it's designed to make you a more proficient technician. Once you can play basic beats, this book can help you take your playing and technique to the next level - more control, power and speed. In contrast to the previous book by Rod which is extremely musical and targeted at beginners, this one is focused on mechanics only and is better suited to intermediate players. I highly recommend this book!

I go through approx 2-3 exercises in this book before each practice session both as a warm up and just to get my body moving around the kit. This book is more than just warm up exercises.. it truly makes you move around the whole kit. You also learn a few cool grooves that look more like random playing around the kit at first but once you hit a certain tempo, it just feels smooth and nice...I love this book!

I am so glad I got this book. It is loaded with exercises to build accuracy, independence, and endurance on the drum kit. And like Joe Morello's Master Studies, you can just flip to a page and work through an exercise or an entire page of exercises. Work through them all and see which ones you need improvement on, or just pick a few to warm up with before playing. It's helped my accuracy in hitting the drum in the middle, my speed and coordination . . . all in a short time. Enjoy!

This book will help drummers of ALL skill levels. If you want to improve your speed, timing, coordination, and just all around technique, this will get you to where you want to be. I don't know of any other publication with such a wealth of drumming knowledge for so little money. Rod Morgenstein took drum text books to a new level with this one. A MUST HAVE FOR ANYONE WHO WANTS TO BE A BETTER PLAYER!

Simply put, I love this book. I do some of the exercises for about 15-20 minutes before every practice and every gig, and it's exactly like doing calisthenics before a workout. It gets all the limbs loosened up and really improves coordination. No matter what type of music you play, and regardless of your skill level, this book is for everyone. My advice is to add it to your library.

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